

Food Ingredients

AFDO Advanced Inspector Boot Camp 1.29.2026

Addressing your question:

Specific Ingredients it is suggested to use direct email: the premarkt@fda.hhs.gov

Kava, please refer to FDA's memo on this inventory: [Post-market Determinations that the Use of a Substance is not GRAS](#)

Kratom, please refer to FDA's webpage on it: [FDA and Kratom | FDA](#)

**Keep in mind, just because something is NOT listed in the inventory, doesn't mean it's automatically unauthorized. GRAS is voluntary and can be self-affirmed.